



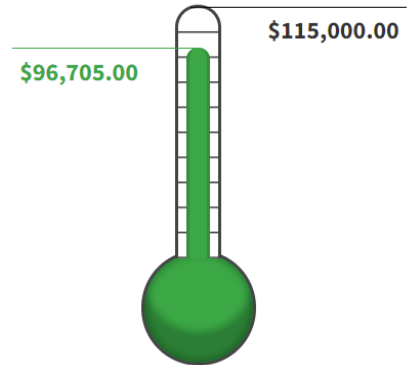
Junction Spotlight

Mission: Transforming Lives Through Faith and Action
June 2, 2021 - Vol 18

WE NEED YOUR SUPPORT

Stafford Junction relies on our community to provide programs to low income children and their families in Stafford County. Your monetary donations are a large part of what keeps us going. We are so close to meeting our 2021 Building A Better Tomorrow Campaign Goal! Your gift allows us to continue providing programs and services to those who need it most. If you would like to support us, please visit <http://staffordjunction.org/bbtc2021/>.

2021 BBTC GOAL



Warming Up



Practicing That Swing

TENNIS CAMP

Stafford Junction’s partnership with the Rappahannock Area YMCA affords many opportunities to our youth that they would normally not be able to experience and enjoy. Due to COVID-19 restrictions, tennis camp had been put on hold but with vaccinations and restrictions lifting, tennis camp coordinators started offering classes once again. On a monthly basis, Stafford Junction participants work with the tennis experts at the Rowe Tennis Center to learn and improve their tennis skills on the court. Drills, games, and friendly competition help the participants learn fundamentals while practicing good sportsmanship. In a safe and fun environment, they develop hand-eye coordination and general athletic skills that they will be able to use in physical activities they currently take part in, or new sport ventures. The physical activity not only helps build a healthier body, but it also helps boost the brain, improving verbal memory, learning, problem solving, and decision making. These enhanced functions are perfect benefits for our Brain Builder participants in their academic studies.