



Junction Spotlight

Mission: Transforming Lives Through Faith and Action
February 24, 2021 - Vol 6

TIDE ME OVER BAGS (TMOB)

A Tide Me Over bag contains a full meal of non-perishable items for a family of four including sides, snacks, and drinks in a single bag. Stafford Junction provides Tide Me Over Bags and supplemental food items such as fresh produce to all participants enrolled in our programs and the families who reside in our seven low income neighborhoods: Meadows Mobile Home Park, Olde Forge, The Village at England Run, England Run Apartments, Jefferson Place, Garrison Woods, and Foxwood Village.



Tide Me Over Bag



Distributing Bags In Our Neighborhoods

STORIES OF IMPACT

In March, at the beginning of the COVID-19 pandemic many residents in our community reached out to us due to lack of food, resources, and information. Mr. Krohn, a retired disabled veteran living with his son and two grandchildren was struggling to provide for his family. We were able to provide Mr. Krohn and his family with meals so there were no hungry bellies in his household. He did not have reliable transportation, so we made weekly deliveries ensuring that they did not have to worry about where their next meal was coming from. If you have never experienced having an empty belly because you had no food in your home, it can be hard to imagine and relate to the situation many families currently find themselves in. Hunger not only affects a person physically, but it also affects their ability to focus. The stress of not knowing where your next meal is coming from impacts negatively on overall mental health. Children are especially vulnerable, and lack of proper nutrition can lead to aggressive behavior developmental delays and falling behind in school. We aim to stop the cycle of hunger by continuing to provide food support to those most in need in Stafford County.